

# The Suffolk Institute for Psychotherapy and Psychoanalysis

relationships  
psychology  
personality  
analytic  
social work  
psychoanalytic training  
psychotherapy  
treatment  
psychiatry  
transference  
countertransference  
psychoanalysis  
mental health

The Suffolk Institute  
for Psychotherapy  
and Psychoanalysis

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## About Us

The Suffolk Institute for Psychotherapy and Psychoanalysis (SIPP) has been in operation since 1989. We offer post-graduate training programs in psychotherapy and psychoanalysis, in addition to conferences and workshops. These initiatives have not only enriched our own members, but have also provided opportunities for connecting with the wider mental health community.



SIPP Open House 2006

Throughout the years we have remained true to our guiding principles, ideals which contribute to our unique psychoanalytic community:

We are a professional organization dedicated to maintaining an internal environment that is experienced by its constituent members and the greater professional community as respectful, inclusive, and professionally fulfilling. In the changing face of psychotherapy, we strive to provide an environment which encourages deep reflection along with extensive dialogue in all clinical and professional arenas.

We continue to be an organization that practices "town hall" democracy in that the Institute reflects the will of SIPP members and relies on the multiple voices of the SIPP community to shape and guide decisions.

We believe that a relationship between the Institute and leaders and thinkers in related fields is essential to our goal of promoting vital and stimulating community education. We are committed to extending ourselves beyond our immediate SIPP membership to coordinate activities with local arts and educational organizations. We see SIPP as a member of a broader community and hope to nurture psychological thought through personal and communal activities.

## Training Programs

SIPP provides an intellectual and supportive environment, a necessary foundation for personal and professional growth. Our approach to training is not bound to one theory or theorist, but instead is rich with numerous viewpoints and theoretical perspectives within a broadly relational, contemporary framework.

Our classes are held in both Nassau and Suffolk counties.

### SIPP offers two programs of study:

#### *One-Year Program*

This program has been designed to provide mental health professionals with an intensive experience in learning how to think and to work analytically. The program offers an introduction to the principals of psychoanalytic theory and technique, beginning with classical theory and progressing through contemporary theory and practice. The program provides postgraduate mental health professionals with a solid foundation in psychoanalytic psychotherapy.

All course work in the one-year program can be transferred for complete credit toward the four-year certificate in psychoanalysis.

#### *Four-Year Program*

This is a comprehensive program reflective of the broad range of schools of analytic theory and technique. The curriculum stresses the unifying principles of psychoanalytic work, namely, unconscious processes, transference, countertransference and resistance. The program is designed with the goal of encouraging each candidate to discover and develop his or her individual professional-therapeutic identity and style through intensive participation in course work, supervision and personal analysis. Emphasis is placed on fostering an appreciation of and sensitivity to the therapist-patient relationship.

## Professional Development

Along with the coursework, our workshops, conferences and Professional Society foster a unique opportunity to connect with colleagues and faculty across Long Island.

## Analytic Insights

Analytic Insights is SIPP's online journal. Professionals interested in psychotherapy and psychoanalysis are encouraged to share their clinical work as well as psychoanalytic thought. Our aim is to dialogue with and challenge one another in the pursuit of new meaning and understanding. Analysts and candidates, within and outside of SIPP are encouraged to publish their work here.

## Referral Services

The Suffolk Institute Referral Service provides psychotherapy and psychoanalysis on a sliding scale basis. All therapists are licensed social workers, psychologists, psychoanalysts, mental health counselors, advanced-practice psychiatric nurses or physicians.



SIPP Fall Conference 2005